



# Contents

## Helping My Heart

---

### Unit 1

#### What Is Sin?

Lesson 1	What Is Sin? .....	5
Lesson 2	Where Did Sin Come From? .....	8
Lesson 3	Do I Sin? .....	10
Lesson 4	A Story of a Sinner .....	13

### Unit 2

#### Who Is the Savior?

Lesson 5	The Solution for Sin .....	16
Lesson 6	Who Is Jesus? .....	19
Lesson 7	What Did Jesus Do? .....	22
Lesson 8	Where Is Jesus? .....	24
Lesson 9	Is Heaven a Real Place? .....	26

### Unit 3










#### What Is Salvation?

Lesson 10	What Is Salvation? .....	29
Lesson 11	Who Can Be Saved? .....	31
Lesson 12	Am I Afraid To Be Saved? .....	33
Lesson 13	The Tale of Two Men .....	36
Lesson 14	What Happens When I Am Saved? .....	39
Lesson 15	Can I Share Salvation with My Friends? .....	42
Lesson 16	Helping My Heart .....	45

Certificate of Merit .....	47
----------------------------	----

# What Is Sin?

A sin is doing something that displeases God.

 has a new .  wants to  
 ride her new .  told her to clean her  
.  did not obey.  rode her  
.

			
Kathy	Kathy's daddy	bicycle	messy room



**Think!**

What was the sin?  
 What should Kathy have done?

Read this story and answer the questions and earn a sticker.

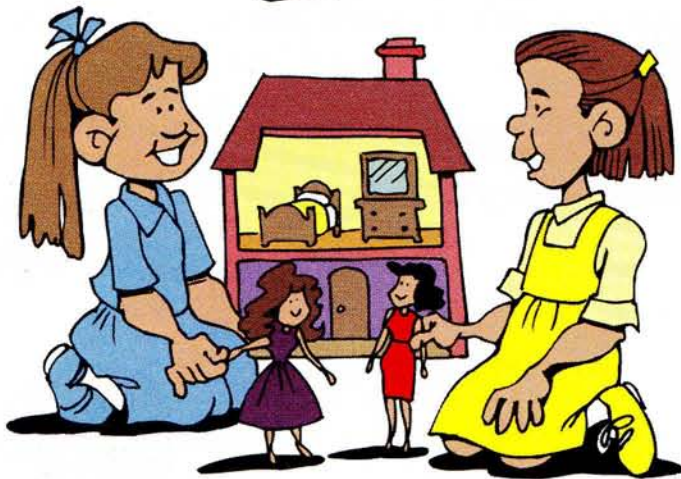
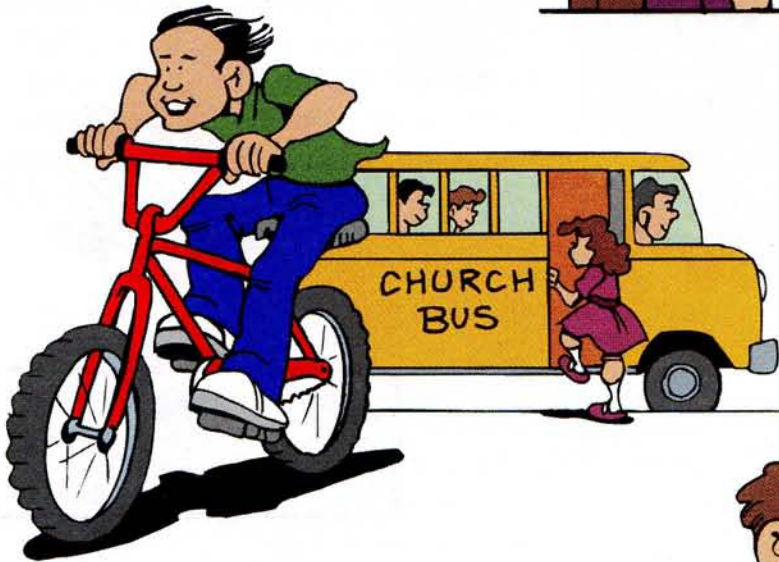
\_\_\_\_\_ Leader

\_\_\_\_\_ Date





We sin in many different ways. Put an "O" around the pictures that are good. Put an "X" across the pictures that are bad.



# Memory Verse Time

“Enter not into temptation.”

Luke 22:40

(Quarter 8)

Play Duck, Duck, Goose to learn your verse. When you get picked, say your verse before you run. If you cannot say your verse, go to the “mush pot.”



Learn your verse and earn a sticker.

Place  
Sticker  
Here

Leader

Date

Sing a song!



(Sung to the tune of “London Bridge”)

When we sin it makes God sad.  
Makes God sad,  
Makes God sad.  
When we sin it makes God sad,  
We need forgiveness.

